

# ***UPPER CAPE COD REGIONAL TECHNICAL SCHOOL***

## **Practical Nurse Program**



### **MISSION STATEMENT OF UPPER CAPE COD REGIONAL TECHNICAL SCHOOL**

The mission of Upper Cape Cod Regional Technical School is to educate a diverse student population in order to actualize their personal, social, academic, and technical potential within a collegial learning community.



## THE LICENSED PRACTICAL NURSE – ROLE AND RESPONSIBILITY

Health care takes place in a variety of structured and unstructured settings. As a valued member of the health care team, Licensed Practical Nurses work collaboratively with physicians, nurse practitioners, registered nurses, and unlicensed assistive personnel, among others, to deliver holistic family-centered care across the lifespan. The LPN provides therapeutic nursing care to individuals and families with common, well defined health problems in stable and structured settings such as long term care facilities, office practices, acute care settings, community health centers, etc. The LPN is a direct care provider who must implement a plan of care, perform treatments, administer medications, conduct patient teaching, supervise and delegate responsibility to unlicensed assistive personnel, and collaborate on therapeutic treatment protocols.

The Nurse Practice Act, which is specific to each state, governs the work performed by licensed practical nurses. Only graduates who successfully complete a program of study approved by the state board of nursing are eligible to take the NCLEX-PN exam to qualify for licensure as a Practical Nurse.





## **THE PRACTICAL NURSE PROGRAM**

**Patricia A. Gales, Director**  
**Cynthia Gardner, Instructor**      **Lisa Dumont, Instructor**  
**Cheranne Johnson, Instructor**      **Deborah Herlihy, Instructor**  
**Janet Montville, Instructor**  
**Mary Anne Keefe, Clinical Instructor**  
**Roberta Shaw, Clinical Instructor**

Upper Cape Cod Regional Technical School offers a full time day program that is scheduled over 40 weeks. The program, which follows the school calendar, begins in late August of every year and ends in mid-June. Upon completion of the program, graduates receive a Certificate of Completion from Upper Cape Cod Regional Technical School. Program graduates are eligible to sit for the NCLEX-PN exam for licensure as a Practical Nurse (LPN). Program graduates are prepared for employment in a variety of health care settings including but not limited to Long Term Care, Acute Care, Rehabilitation, Health Care Centers/Offices, and Community Health Agencies. Graduates are also prepared for transfer to an Associate Degree Nursing program through transfer agreements with Cape Cod Community College, Bristol Community College, and Quincy College.

The Practical Nurse Program is fully approved by the Commonwealth of Massachusetts Board of Registration in Nursing and is accredited by the New England Association of Schools and Colleges.

## **PROGRAM OBJECTIVES**

At the completion of the Practical Nurse Program the graduate will be able to:

1. use the nursing process to problem solve human responses of clients and families throughout the life span;
2. apply principles of safety in all areas of nursing practice;
3. define her/his role within the legal and ethical parameters of nursing, as a member of the professional team and as a member of the community;
4. communicate with the professional team, family, and community to promote health and prevent disease.

## **ADMISSION TO THE PRACTICAL NURSE PROGRAM**

### **Admission Requirements**

Admission to the Practical Nurse Program is competitive and selective. Regulations require that all students admitted to the Practical Nurse Program must possess a high school diploma/GED. In addition, applicants must:

1. meet or exceed the minimum acceptable scores on the Assessment Technologies Incorporated Test of Essential Academic Skills (TEAS). The test is organized into four categories: Reading, Mathematics, Science, and English. The program uses percentile scores and requires the following – Reading 50<sup>th</sup> percentile; Mathematics 45<sup>th</sup> percentile; Science 40<sup>th</sup> percentile; English 40<sup>th</sup> percentile;
2. submit an Application for Admission to the Practical Nurse Program;
3. submit three professional written references (form provided);
4. interview with the Program Director or designee;
5. have health insurance coverage throughout the program;
6. meet the Board of Registration in Nursing Good Moral Character Requirements (included with application packet);
7. submit to a Criminal Offender Record Information (CORI) and/or a Sexual Offender Record Information (SORI);
8. meet health requirements of the program.

Upper Cape Cod Regional Technical School admits students and makes available to them its advantages, privileges, and courses of study without regard to race, color, religion, national origin, gender, handicap, or sexual orientation.

Upon acceptance to the program students must have current CPR certification which must be obtained through either the American Heart Association – Healthcare Provider or American Red Cross – Professional Rescuer. Students must also have current immunizations and meet other health requirements as stipulated by the program and affiliated clinical agencies.



### **Entrance Exam Testing Dates**

The following testing dates have been established for entrance into the 2007-2008 class.

<u>For Bourne and Harwich Admissions</u>	November 14, 2007	3:00PM – 7:30PM
	December 15, 2007	8:00AM - 12:30PM
	January 12, 2008	8:00AM - 12:30PM
	February 9, 2008	8:00AM - 12:30PM
	March 8, 2008	8:00AM – 12:30PM

An Entrance Exam Preparatory Course and a study manual are available through the office of Adult and Continuing Education. For more information contact the office at 508-759-7711 X211. You may also purchase the TEAS Study Manual online at [www.atitesting.com](http://www.atitesting.com). Click on the Students Section, then click on Entering Nursing School, then click on TEAS Study Manual.

The fee for tests administered at Upper Cape Tech. for Bourne and Harwich applicants is \$80.00. Preregistration is required for all Entrance Exam dates. Click on the Registration Form link to access the preregistration information.



## **TUITION AND FEES\***

Students may be eligible to apply for financial assistance through Pell Grants, Student Loans, or employer sponsored programs. Students must first fill out a FAFSA (Free Application for Federal Student Aid) at [www.fafsa.ed.gov](http://www.fafsa.ed.gov) or call toll free at 800-433-3243. For more specific information you may contact the Rose Crosby at 508-759-7711 X246.

### **Tuition for 2007-2008 – \*\*\*TUITION MAY CHANGE FOR 2008-2009\*\*\***

In-District Students (Bourne, Falmouth, Marion, Sandwich, Wareham only)	\$7,500.00
Out of District Students residing in all other towns	\$8,500.00
Nantucket and Martha's Vineyard Program Students	\$9,500.00

#### **Associated Expenses (Estimated)**

Textbooks	\$750.00
Uniforms	\$150.00
Equipment	\$100.00
Malpractice Insurance	\$35.00
Graduation Expenses	\$175.00
NCLEX-PN Exam for Licensure	\$375.00

\*Expenses are estimated and may be subject to change.

#### **Tuition Payment Schedule**

Students are required to pay a \$1,000.00 non-refundable tuition deposit within two weeks following acceptance into the Practical Nurse Program. The tuition balance is due on or before August 15<sup>th</sup>.



**THE PN PROGRAM CURRICULUM**

<b><u>Term I (August – December)</u></b>	<b><u>Total Course Hours</u></b>
<i>Fundamentals of Practical Nursing</i>	328
<i>Anatomy and Physiology</i>	60
<i>Human Growth and Development</i>	24
<i>Nutrition</i>	20
<i>Vocational Trends</i>	22
<b><u>Term II (January – April)</u></b>	
<i>Medical-Surgical/Mental Health Nursing</i>	450
<b><u>Term III (May)</u></b>	
<i>Maternity/Pediatric and Community Nursing</i>	102
<b><u>Term IV (June)</u></b>	
<i>Leadership and Management</i>	108
 <b><u>Total Program Hours</u></b>	 <b><u>1,114</u></b>

**PROGRAM SCHEDULE**

All classes and clinical experiences at the Bourne and Harwich sites are scheduled Monday through Friday between the hours of 7:00AM and 3:30PM. Bourne classes are held at Upper Cape Cod Regional Technical School, 200 Sandwich Road, Bourne, MA 02532 and Harwich classes are held

at Cape Cod Regional Technical High School, 351 Pleasant Lake Ave, Harwich, MA 02645. Times vary with the types of experiences, the course, and the day of the week. Specific schedules will be distributed during the first class session.



## **CLINICAL AFFILIATIONS**

In addition to in-class work, throughout the program students apply their classroom learning to clinical practice. Clinical instruction is scheduled to allow the student maximum opportunities to integrate theory into practice and to perform the skills required to practice as an LPN. Students are placed in a variety of settings that include: Long Term Care, Rehabilitation Centers, Hospitals and Health Centers, Physicians Offices, Schools, and Community Settings.

Students are required to provide their own transportation to and from the clinical sites.

### **Clinical Sites (representative sample)**

Cape Cod Hospital  
Falmouth Hospital  
Jordan Hospital  
Rehabilitation Hospital of the Cape and Islands  
Falmouth VNA  
Falmouth OB/GYN  
Duffy Health Center  
Liberty Commons Nursing and Rehab.  
Martha's Vineyard Hospital (new in 2007-2008)  
Pleasant Bay Nursing and Rehab.  
Bourne Manor Nursing and Rehab.

Cape Heritage Nursing and Rehab.  
Our Island Home  
Windemere Nursing and Rehab. (new in 2007-2008)  
Sippican Nursing and Rehab.



### **LICENSURE REQUIREMENTS**

Upon completion of the program graduates are eligible to take the NCLEX-PN Licensing Examination. Graduates anticipating licensure in the Commonwealth of Massachusetts must comply with the “Good Moral Character requirement for licensure. Each licensure applicant has the burden to demonstrate compliance with the Board of Registration in Nursing’s GMC requirement which can be found online at [www.state.ma.us/reg/boards/rn/](http://www.state.ma.us/reg/boards/rn/) and click on the Licensing link.

### **FOR ADDITIONAL INFORMATION CONTACT:**

*Upper Cape Cod Regional Technical School  
Practical Nurse Program  
220 Sandwich Road  
Bourne, MA 02532*

*508-759-7711 (X277)*